44th ESPEN CONGRESS

3–6 Sept 2022
VIENNA ESPEN CONGRESS ON CLINICAL NUTRITION & METABOLISM

eat & move
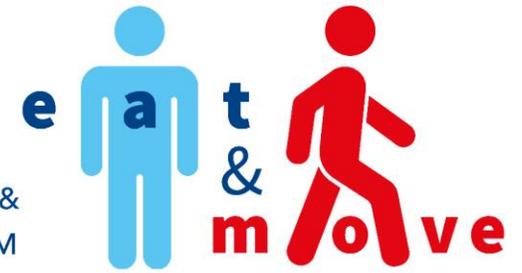
Jointly Organised with 🇦🇹 Austria 🇭🇷 Croatia 🇸🇮 Slovenia

E-Poster Guidelines

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INTRODUCTION TO THIS GUIDE

Congratulations on having your research selected!

To view the most up-to-date scientific programme, please **visit our website**.

Along with your physical poster, you are invited to upload a designed e-poster that will be included in the ESPEN 2022 Congress Virtual Platform.

Should you choose not to upload a designed e-poster file, ESPEN 2022 delegates will still be able to search and view your abstract text on the ESPEN Congress website.

Instructions on how to upload your e-poster are provided in this guide.

HOW TO UPLOAD YOUR DESIGNED E-POSTER

1. **Create a visually appealing e-poster** that highlights the top areas of research within your abstract. You may find further guidelines on how to do so, by clicking on **this link**.

2. **Save the poster file as a JPEG or PNG**. The poster file should be 1 page, with a maximum of 3MB.

3. **Upload the image of your designed e-poster** through the link provided by email.
Once logged in, please click on the **Edit** button in order to upload your e-poster. Once you have pressed **Update**, your designed poster file will be uploaded and accessible to delegates within the virtual portal once it goes live. You are welcome to log back into the portal to edit your document, should you require.
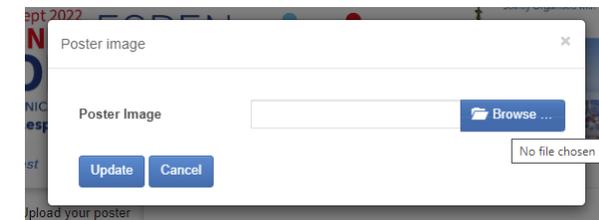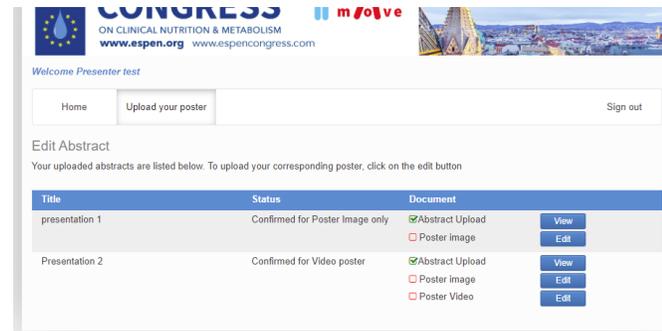
HOW TO UPLOAD YOUR POSTER TOUR PRESENTATION

1. **Create a short recorded presentation** that highlights the top areas of research within your abstract.

2. **Save the video file as a URL**. The video should be no longer than 3 minutes.

3. **Upload the URL of your recorded presentation** through the link provided by email.
Once logged in, please click on the **Edit** button in order to upload your URL. Once you have pressed **Update**, your recorded video will be uploaded and accessible to delegates within the virtual portal once it goes live. You are welcome to log back into the portal to edit your URL, should you require.
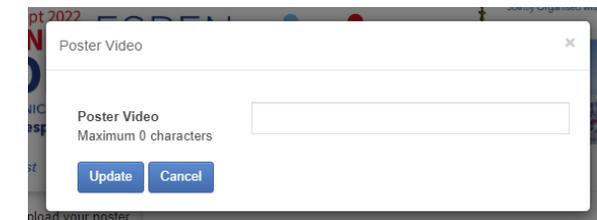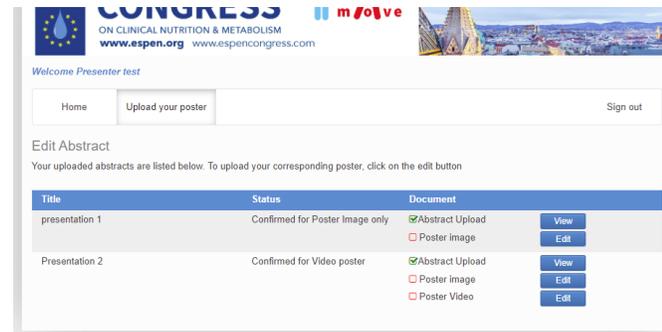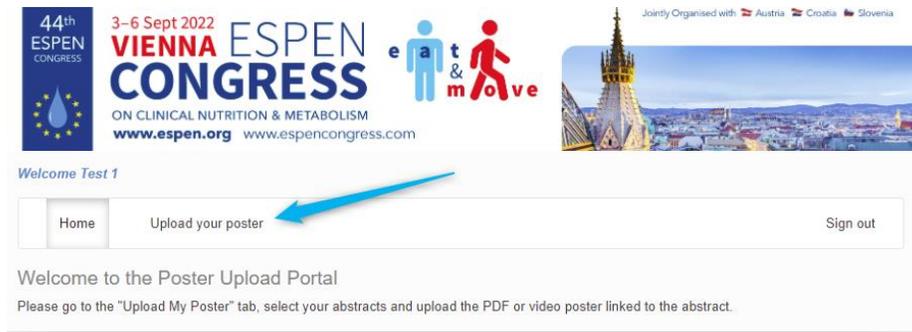
POSTER SPECIFICATIONS

- **File Type**: Image (JPEG or PNG)

- **File Specifications**: 940 px of width minimum and 3MB maximum.

- **Deadline to Upload**: Monday 25 July 2022

- [Here](#) and [here](#) are videos with some tips and tricks on how to create an engaging research poster.

RECORDED PRESENTATION SPECIFICATIONS

- **File Type**: Video URL (YouTube or Vimeo)

- **File Specifications**: 3 minutes maximum.

- **Deadline to Upload**: Monday 25 July 2022

REGISTRATION

Please note that you will need to be registered in order to upload your e-poster on the ESPEN 2022 Virtual Platform. You may register by clicking **here**.

Following your registration, a few days prior to the event, we will send to your e-mail address the link to the online platform and your access logins.

Should you have any questions, feel free to contact us at espen.scienti@mci-group.com